

Mental Health & Substance Use Services for Black Youth









# Background & Context

### Black Health In Canada





Black Canadians experience disparities in health outcomes when compared to the overall Canadian population



Prolonged exposure to trauma from oppression, colonialism, racism, and segregation experienced by Black Canadians has resulted in inequitable access to health services and social support systems



Black youth face greater mental health disparities compared to other ethno-racial youth groups in Canada (e.g. longer wait times, greater rates of disengagement, misdiagnosis/overdiagnosis, poorer outcomes)





## Pathways to Care

A collaborative initiative between the Black Health Alliance, TAIBU Community Health Centre, CAMH, Strides Toronto, and the Wellesley Institute.

**Key findings:** systemic racism, poor system coordination, and a lack of Black representation in mental healthcare as major challenges.

**Recommendations:** developing Blackspecific programs, creating culturally competent service pathways, and increasing funding for Black-led organizations.







## Factors that Impact How Black Youth Access the Mental Healthcare System in Ontario

**PATHWAYS TO CARE PROJECT** 









## About AMANI



#### Who We Are

AMANI is a Collective Impact Initiative, and the first-ever Canadian hospital and community partnership of its kind, focused on advancing care for Black children, youth and families.



















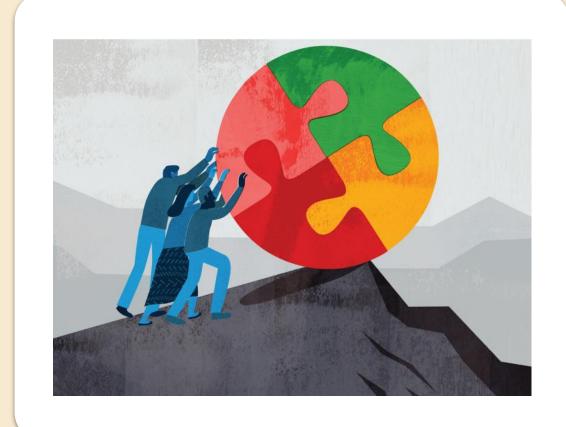


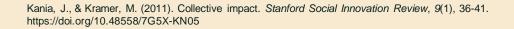




#### THE FIVE CONDITIONS OF COLLECTIVE IMPACT

- Common Agenda
- Shared Measurement
- Mutually Reinforcing Activities
- Continuous Communication
- Backbone Support





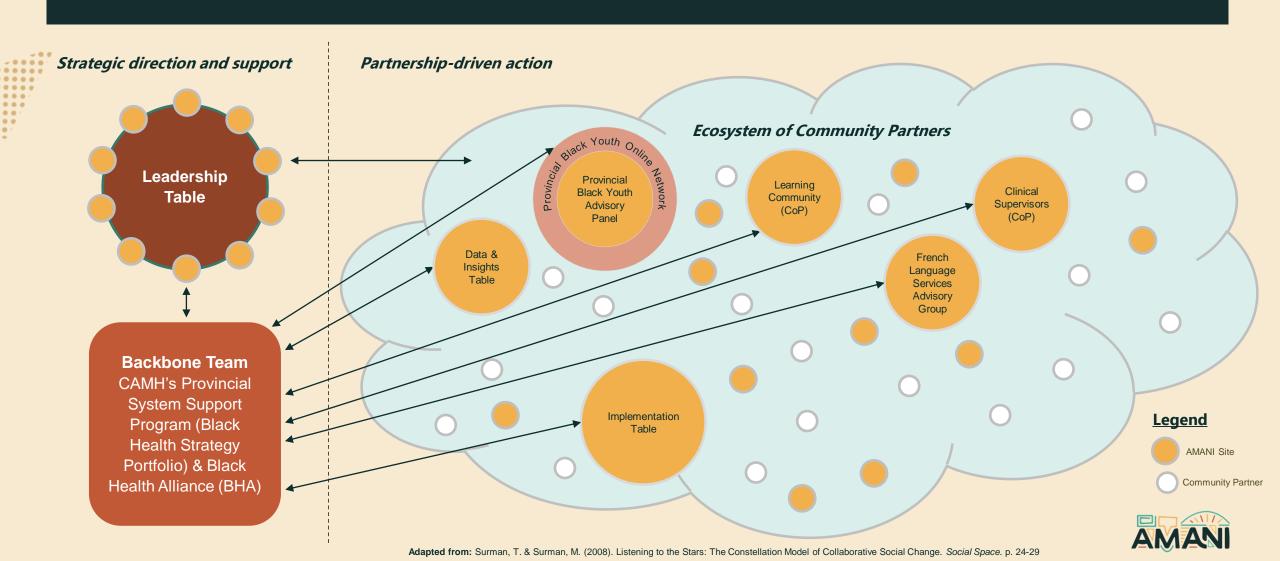


## Where We Are





#### **AMANI'S COLLABORATIVE GOVERNANCE MODEL**



#### CORE FUNCTIONS OF AMANI'S BACKBONE TEAM

Guide Vision and Strategy

Support Aligned Activities

Establish
Shared
Measurement
Practices

Building Public Will

**Advance Policy** 

Mobilize Funding



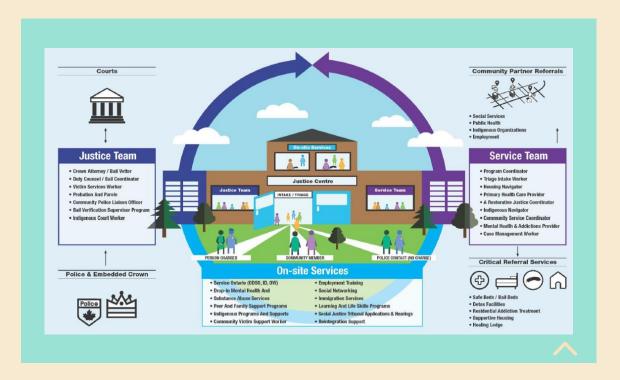


#### **CURRENT CLINICAL PROGRAMS**

Mental Health & Substance Use Program



#### Justice Centres Partnership











## Mental Health & Substance Use Program

(formerly SAPACCY)

- **Assessment & Treatment Planning**
- Counselling
- Psychotherapy

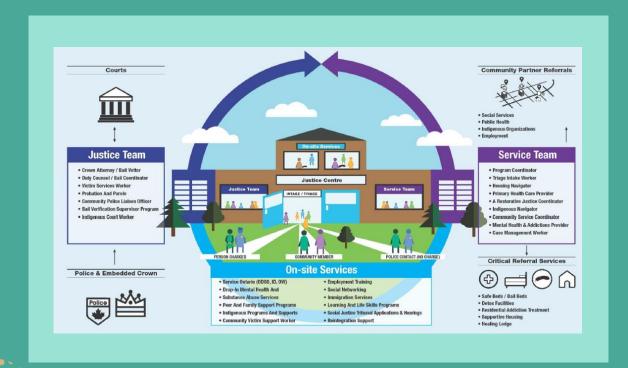
- **Psychiatry**
- **Group Therapy**
- Caregiver Support Groups

- Case Management
- Mental Health Promotion





### **Justice Centre Partnership**



- Partnership with Ontario's Ministry of the Attorney General
- Introduced in over 70 communities around the world, Justice Centres move justice out of the traditional courtroom and into a community setting.
- Tailored to the unique needs of local communities, these centres co-locate justice facilities (e.g. courtrooms) with frontend supports (e.g. primary healthcare, Restorative Justice programming, mental health supports), prevention services (e.g. employment and skills training) and community re-integration supports (e.g. peer counselling).





Thank You