Tri-Cities Wrapround Model for Mental Health in Immigrant Families

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Project Overview

- Funded by Public Health Agency of Canada (PHAC)
- Project length: August 2022- March 31, 2024
- Collaboration between Tri-Cities Local Immigration Partnership, S.U.C.C.E.S.S. and Social Research and Demonstration Corporation (SRDC)



Goals & Objectives

To improve immigrant families' access to culturally appropriate mental health supports and services

1. Enhance service provider capacity to promote MH in service delivery

3. Increase accessibility of mental health supports & services for immigrant families (Wrap around model) 2. Raise awareness of importance of mental health in culturally appropriate ways

4. Mobilize knowledge through Knowledge Hub & Community of Practice



Engagement Strategies

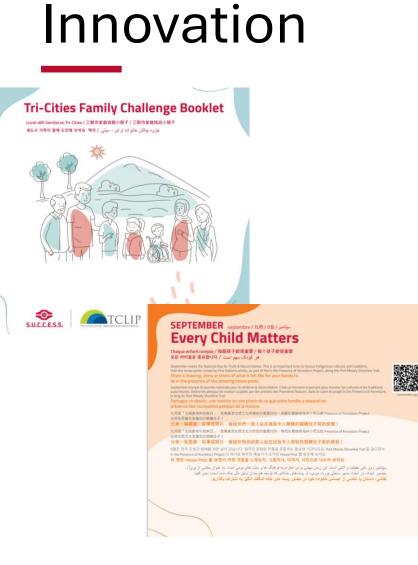
Project Steering Committee

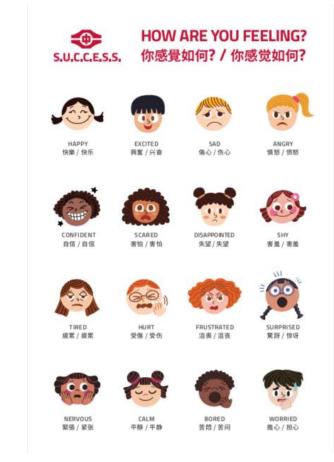
- Health authority
- Early Years Service
 Providers
- Division of Family Practice
- Douglas College- Faculty of Health Sciences

Immigrant Panelists

- Intergenerational
- Cantonese, Farsi, Korean, Mandarin
- Interracial/ diverse partnerships
- Diverse lived experiences in birth giving & immigration
- Age range/living arrangements/ single parents/economic situation









LET'S START THE CONVERSATION!

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About the Artists

 Babysnakes Métis Artist & Facilitator Babysnakeslu This photo was taken at the Coquitlam River. The river has a meaningful connection to the artist being a place of peace. Christine M.

Indigenous Artist, Facilitator & Keynote Speaker | Sneakynativeart

Food

The design shows salmon moving up the river to start the process of giving new life and important nutrition to the next generation. The Coquitlam River supports wildlife, plants and salmon year-round and has created a nourishing environment for them to grow. Salmon has such a deep tie to many cultures including how we eat them, gather them and celebrate with traditional dishes. We all have a connection to the land and to the food that

Tell us about a dish/food that brings you comfort when you're not feeling well. Tell us about the last time you had that dish.

comes from it. We need to remember that our actions affect



Other Innovative Approaches

- Evaluation approaches: journey mapping & PhotoVoice
- Capacity building on evaluation for service providers
- Service providers involved in tool development
- Wraparound approach: referral pathways, more impactful



Outcomes

Improved service provider capacity on mental health literacy

Increased tools to support mental health promotion

Strengthened connections between service providers & mental health professionals = Stronger referral pathways

Enhanced community capacity in culturally appropriate perinatal education

Increased mental health literacy among immigrant families

Increased social connections between immigrant families

Improved access to community resources

Empowered communities to advocate for their needs





Photo & Quote from Early Years Service Provider

"Rainbows are...a reminder that even after dark and challenging times, there's always joy, light and beauty on the other side. There's always a new beginning. I really feel that through our programs and services, we have empowered families to make changes, try new things, explore different opportunities, strengthen family relationships, which is going to provide this whole beauty and joy into their lives. Hopefully, clients will see themselves as more complete and more whole and overcoming their challenges."

