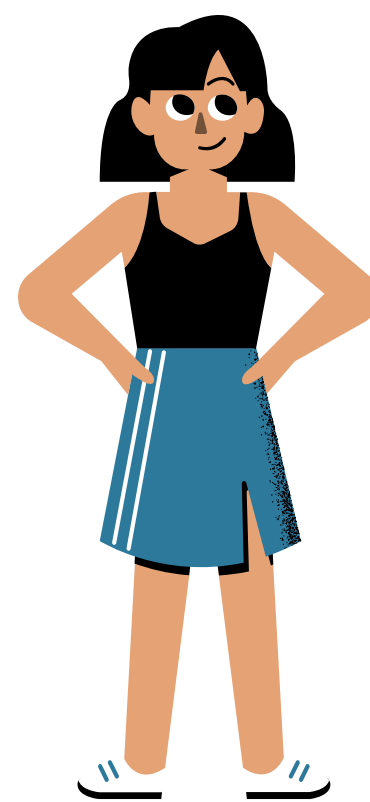


# Navigating Parent-Child Acculturation Gaps for Whole Family Well-Being in Newcomer Families

## INTRODUCTION

### Acculturation Gap:

Children tend to acculturate to the receiving culture faster than their immigrant parents, while parents tend to retain their heritage culture more than their children, leading to a **gap**.



Do parent-child acculturation gaps negatively impact immigrant families?

## METHODS

Reviewed  
96 studies

### Outcomes

1. Child mental health + social & positive functioning
2. Family functioning
3. Parenting behaviour

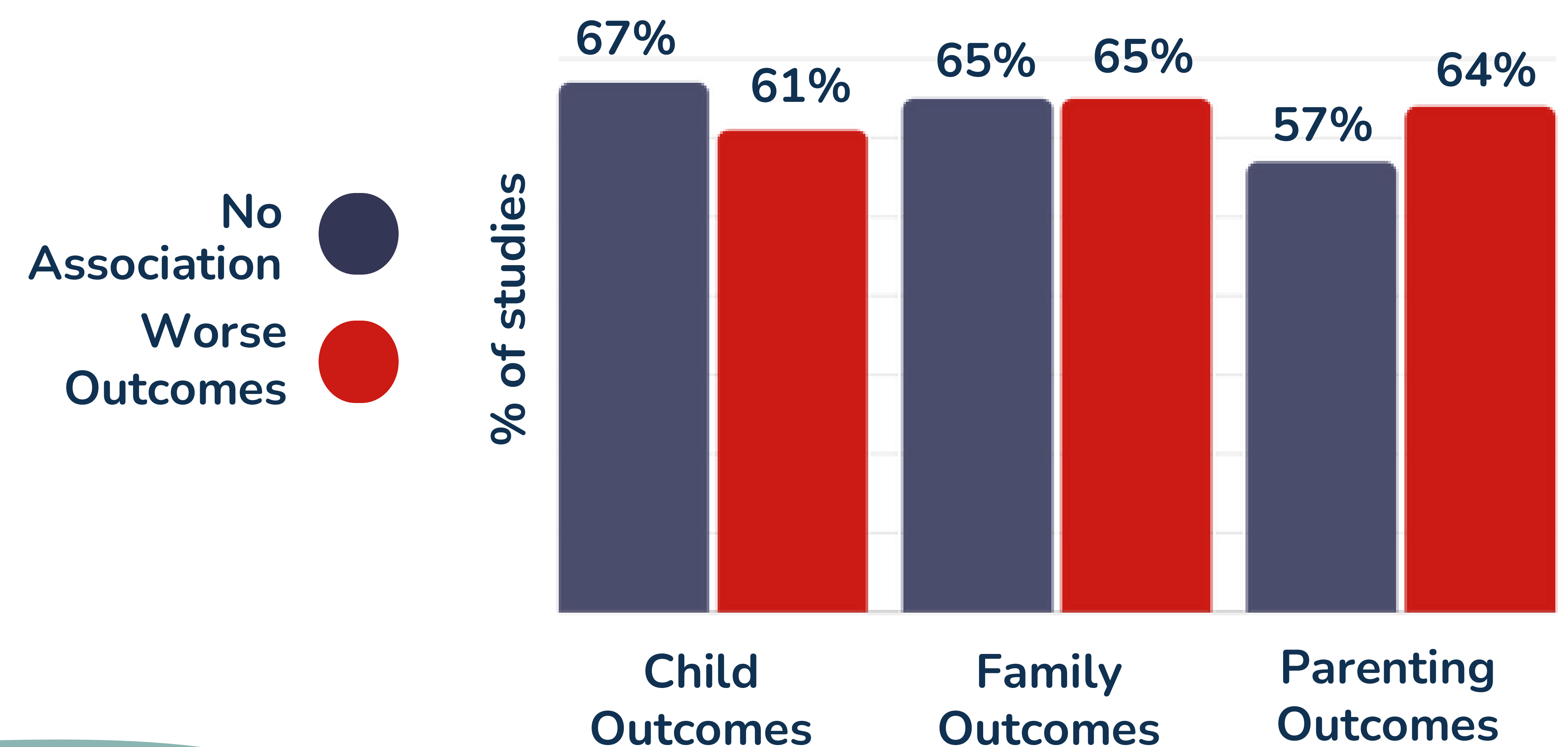
Parent-child acculturation gaps may not impact immigrant children and families as much as we think

## CLINICAL IMPLICATIONS

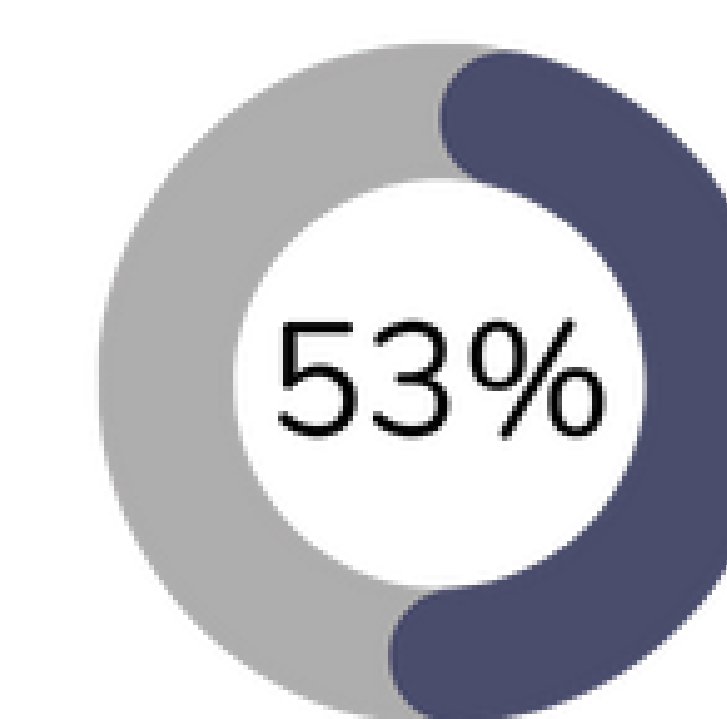
Clinicians can...

1. Target general family functioning to increase intergenerational support
2. Implement person- or family-centered cultural assessments to guide clinical care
3. Utilize brief acculturation measures to guide clinical care

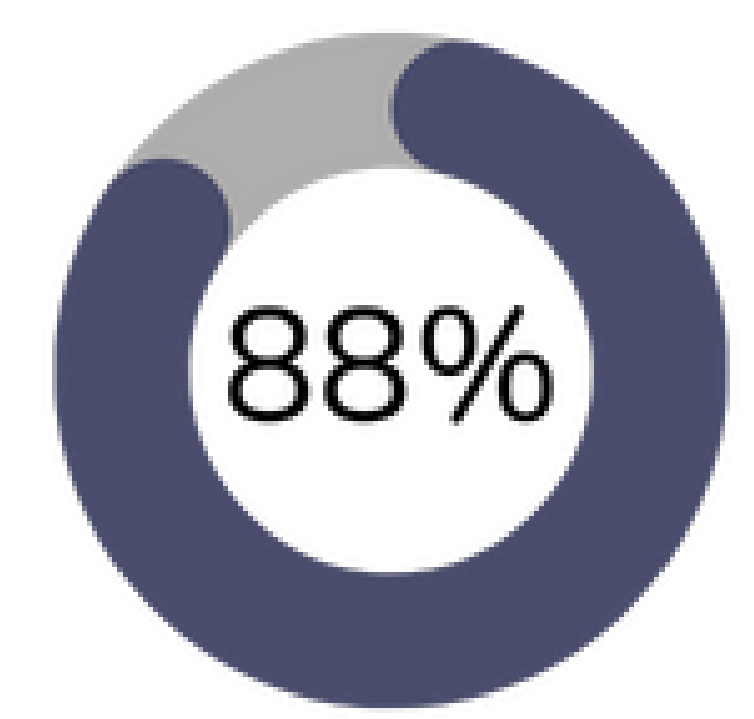
## RESULTS



Impacts of acculturation gaps did not differ depending on the receiving vs heritage culture.



Hispanic or Latin American Heritage



USA-Based Sample

## POLICY IMPLICATIONS

Policymakers can...

1. Implement policies that balance *both* receiving and heritage culture integration
2. Consider how acculturation gaps may emerge in the Canadian cultural context
3. Consider a balanced perspective on acculturation gaps for family adjustment

