

Refugees at risk

Global migration

- In 2013, nearly 51.3 million people were forcibly displaced, worldwide
- ...of these, 16.7 million were considered refugees¹



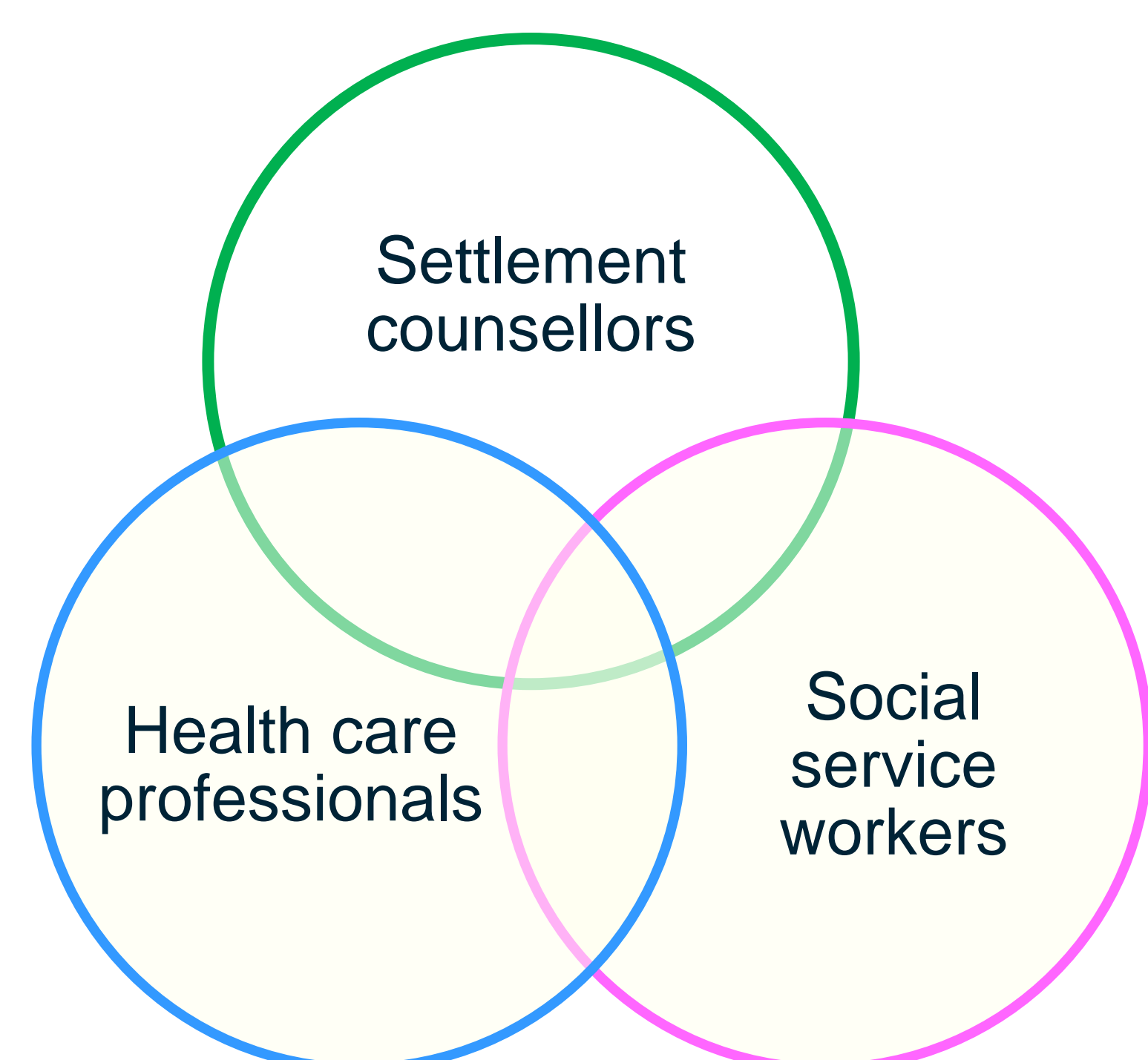
- Canada admits about 25,000 refugees annually; over half settle in Ontario^{2,3}
- 25,000 Syrian refugees will be resettled to Canada by February, 2016⁴

Risk for mental health problems

- Refugees are at risk for mental health problems due to resettlement stressors^{5,6}
- Refugees require a strengthened response from service providers, according to the Mental Health Commission of Canada⁷

The role of service providers

Service providers are key to successful resettlement



Tools for service providers

Building service providers' capacity in three ways:

1. Online courses
2. Community of Practice (CoP)
3. Toolkit.

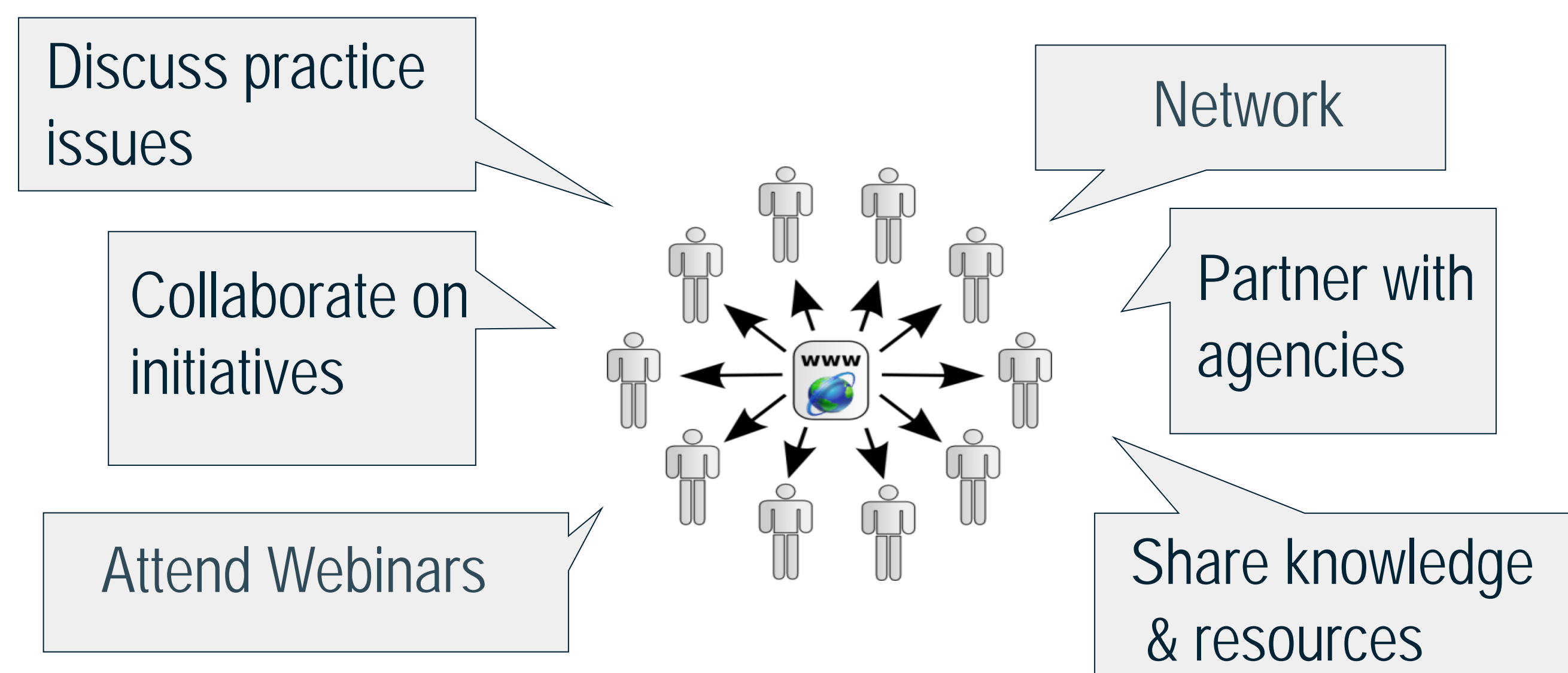
Refugee Mental Health online courses

Two University of Toronto accredited courses are tailored to specific sectors:

- course for health care professionals
- course for settlement/social service providers.

Course Content	
Settlement /social service workers' course	Health care professionals' course
Determinants of refugee mental health	
Mental health disorders affecting refugees	
Vulnerable refugee populations	
Mental health promotion	Mental health promotion and treatment
Counselling & case management	
Working with interpreters in a settlement context	Working with interpreters in a clinical setting
Preventing burnout, compassion fatigue & secondary trauma	

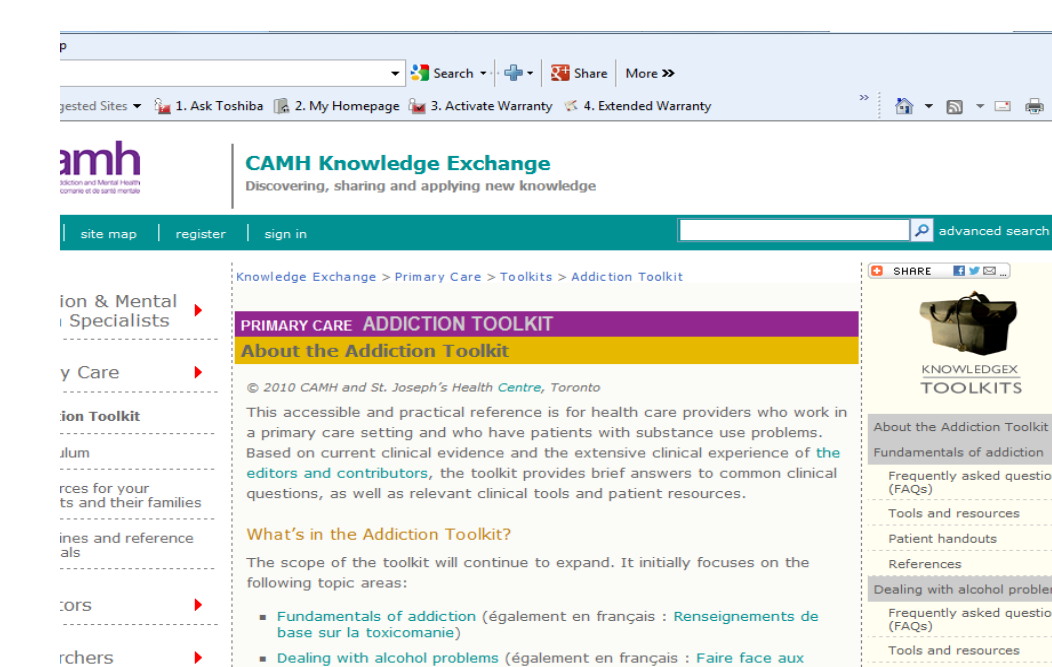
Community of Practice (CoP)



Toolkit

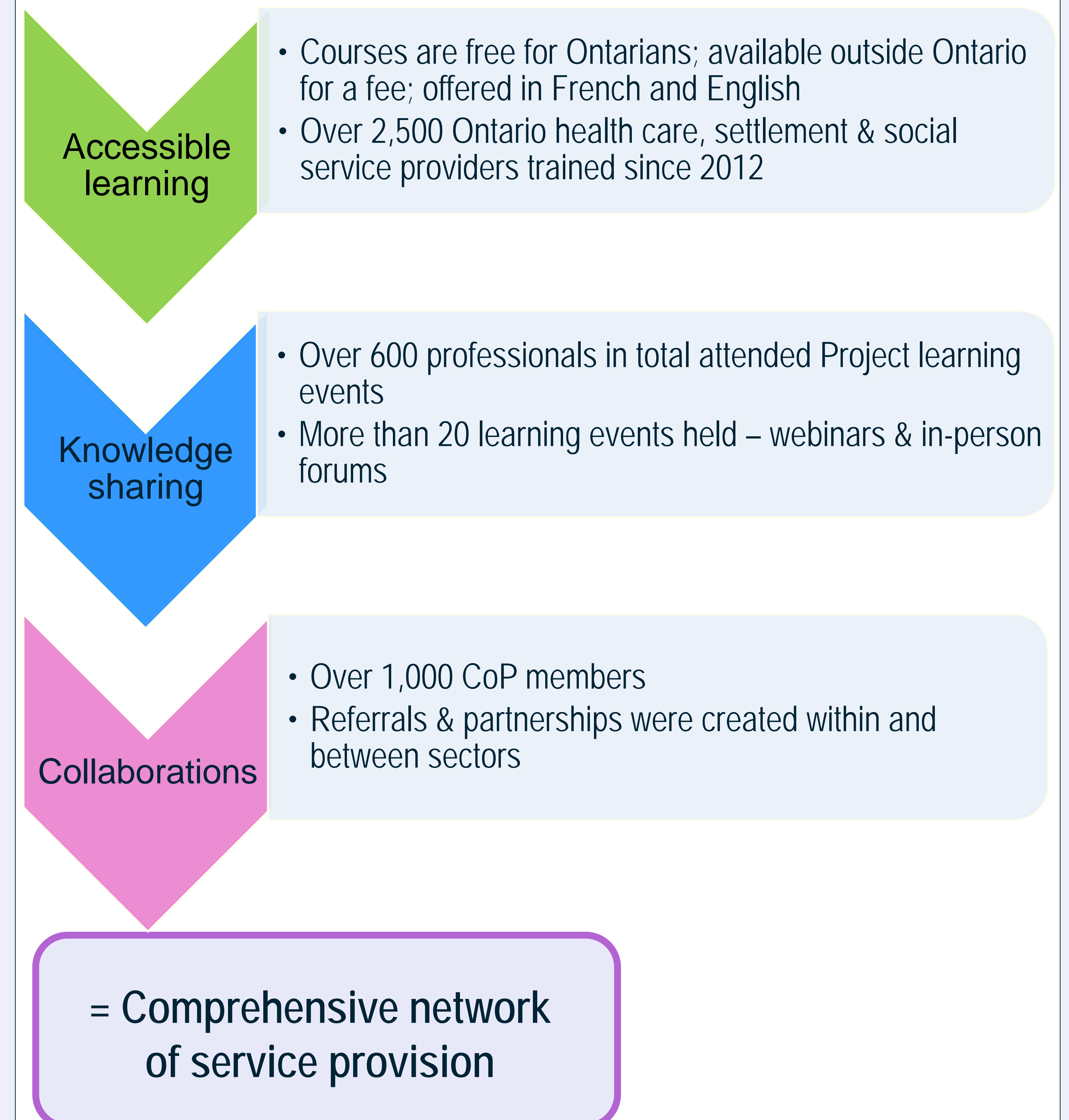
The online Toolkit includes:

- Weblinks to resources
- Guidelines
- Multilingual resources
- Screening & assessment tools.



Outcomes

Success reaching service providers



References

¹United Nations High Commissioner for Refugees (UNHCR). (2013). *Global Trends 2012: Displacement - The new 21st century challenge*. Retrieved from http://www.unhcr.org.uk/fileadmin/user_upload/pdf/UNHCR_Global_Trends_2012.pdf

²Citizenship and Immigration Canada (CIC). (2011a). *Canada: Facts and Figures 2010—Immigration Overview: Permanent and Temporary Residents*. Retrieved from <http://www.cic.gc.ca/english/pdf/research-stats/facts2010.pdf>

³Ontario Immigration (2010). Ontario Immigration Key Facts: Preliminary 2010 Data. Accessed Sept. 20, 2012 at: http://www.ontarioimmigration.ca/stdprodconsume/groups/csc/@oipp/documents/document/stdprod_088885.pdf

⁴Government of Canada. "Canada Offers Leadership on the Syrian Refugee Crisis" (news release). Accessed Nov. 27, 2015 at: <http://news.gc.ca/web/article-en.do?nid=1021919>

⁵Williams, CL and JW Berry (1991). "Primary prevention of acculturative stress among refugees. Application of psychological theory and practice". *American Psychologist*, June; 46 (6): 632-41.

⁶Canadian Mental Health Association (Ontario). "Immigrants and Refugees". Accessed Sept. 20, 2012 at: http://www.ontario.cmha.ca/about_mental_health.asp?cid=23054

⁷Mental Health Commission of Canada (2012). "Changing Directions, Changing Lives", Accessed Sept. 20, 2012 at: <http://strategy.mentalhealthcommission.ca/>

Acknowledgements

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